# Gluten Free

### Salads & Starters

### Homemade Borscht

Doukhobor Style Vegetarian Soup Cabbage | Beets | Potato | Carrots | Dill Ask to hold bread Cup \$10 Bowl \$12

### Steamed Mussels

PEI Mussels | Sambal Cream Sauce Ask for Tortillas Instead of Baquette \$21

### Szechuan Lettuce Wraps

Marinated Chicken | \*Wonton Crisps | Onion Peanuts | Sweet Soy Lime | Wasabi Mango \$19 \*Ask to hold the Wonton Crisps Try Vegetarian with Crispy Tofu Vegan with Tofu and no Wasabi Mango V

### Chicken Wings

Hot, BBQ, Thai Sweet Chili or Dry Cajun \$171/2 Add Carrot & Celery Sticks \$3 Add Blue Cheese or Ranch Dip \$2

### Chili Lime Brussels Sprouts

Roasted & Fried | Sambal Olek Himalayan Salt | Lime \$17

### Beet Salad

Rosemary Infused Roasted Beets | Spring Mix Goat Cheese | Candied Pecans | Walnut Oil Balsamic Reduction \$19

### Classic Nachos

Tomatoes | Onions | Olives | Jalapeños Refried Beans | Three Cheese Blend | Sour Cream Salsa | Home-Cooked Tortillas \$25 Add Guacamole \$31/2 Extra Nacho Cheese \$3 Add Chicken or Ground Beef \$4

### Spicy Ahi Bites

Ahi Tuna Salad | Crispy Sushi Rice Cakes Avocado | Jalapeño | Sweet Chili Seaweed Caviar \$20

### Halloumi Greek Salad

Seared Halloumi Cheese | Feta | Fennel Green Peppers | Grape Tomatoes Cucumber | Red Onions | Kalamatas Dijon Red Wine Vinaigrette \$18

### New York Steak Salad

Certified Angus Beef | Mixed Greens | Beets Carrots | Seeds | Grape Tomatoes Tahini Vinaigrette 8oz \$25

### Grilled Salmon Salad

Wild BC Salmon | Baby Greens | Dried Cranberries | Goat Cheese | Pumpkin Seeds Blueberry Rosemary Vinaigrette \$20

## Pastas & Bowls

Although we do not have a gluten-free kitchen, we will make every attempt to meet your needs for a gluten-restricted diet. The

items listed on the menu are

appropriate for a gluten-restricted

diet, as is, or can be ordered with

the description. We take measures

however, it still may occur. Please

note that we do not use separate

fryer oil for gluten-free items.

minor changes as mentioned in

to prevent cross contamination,

### Ahi Tuna Poke Bowl 😭

Marinated Ahi Tuna | Quinoa | Carrot Ribbons Mango | Green Onions | Avocado | \*Wonton Crisps Pickled Ginger | Edamame Beans \*Ask to hold the Wonton Crisps \$24 Try it Vegan with Crispy Tofu V

### Seafood Fettuccine

Wild BC Salmon | Halibut | Tiger Prawns PEI Mussels | Crimini Mushrooms | Sambal Cream Ask for Corn Penne \$30 Add Starter Caesar (no Croutons) or House Salad \$6

### Barrister's Bowl 😂 🔽

Wild BC Salmon or Crispy Tofu | Cabbage Carrots | Peppers | Daikon Sprouts | Sesame Seeds Quinoa | Ginger Soy Dressing \$20

## **Specialty Plates**

These items begin at 5 pm - Add House Salad \$6

### Jose's Halibut

Chorizo | Roasted Potatoes | Asparagus Wild Mushrooms | Onions | Chimichurri \$35

### Cauliflower Steak V

Charred & Oven-Roasted | Crispy Rice Cake Za'atar Spice | Toasted Almonds | Fresh Parsley Harissa Sauce | Chimichurri Drizzle Lemon Zest Broccolini \$26

### **Lamb Medallions**

Herb Roasted | Balsamic Plum Reduction Thyme-Roasted Red Potatoes Lemon Zest Broccolini \$35

### New York Strip

Certified Angus Beef | Lemon Zest Broccolini Thyme-Roasted Red Potatoes 8oz \$36 12oz \$44

### Filet Mignon

BC Free Range AAA Tenderloin | Morel Butter Lemon Zest Broccolini | Thyme-Roasted Red Potatoes 6oz \$46

### Steak & Prawns

Certified Angus Beef Striploin Garlic Tiger Prawns | Lemon Zest Broccolini Thyme-Roasted Red Potatoes \$46

Whistler Brewing Company Forager Beer \$7½







# Gluten Free Pizza

Gluten-Free Crusts Avail in 10" Small Only

### The Tuscan

Artichokes | Sundried Tomatoes Roasted Garlic | Spinach | Onions sm \$22

### Kootenay Herbivore

Mushrooms | Onions | Kalamatas Green Pepper | Tomato | Pesto Base sm \$21

### **Mediterrane**an Special

Chorizo Sausage | Green Pepper Olives | Tomato | Onions | Feta sm \$22

### Chicken Fiesta

Chicken Breast | Pineapple Green Pepper | Onions | BBQ Sauce sm \$21

### The Forest Floor

Shimenji Mushrooms | Pine Nuts Pesto Base | Truffle Oil sm \$22

### Popeye The Greek

Spinach | Feta sm \$21

### Heritage Classic

Mushroom | Green Pepper Pepperoni sm \$21

### The Big Kahuna

Ham | Pineapple sm \$21

### Big Pepperoni

Yup...Pepperoni! sm \$21

### The House Special

Ground Beef | Onions Feta | Pepperoni sm \$21

### Three Cheese

Mozzarella | Edam | Parmesan sm \$19

### **Extras**

### **Dipping Sauce**

Marinara | Caesar | Hume Hot Sauce \$2 each

### Veggie Toppings

Small \$2 each

### Meat & Cheese Toppings

Small \$3 each

V Sub Vegan Mozza \$3

\*The Angry Bee, the Ultimate and the '55 Vette have been taken off this menu as our Capicolli is not gluten-free.
You may substitute it for another ingredient.

## Desserts

### Cashew Cream Custard V

Burnt Miso | Almond Milk | Dark Chocolate Candied Pecans | Himalayan Salt \$10

### Crème Brûlée

Vanilla Bean-Infused Creamy Custard Caramelized Brown Sugar \$10

### **Chocolate Mousse**

Classic Rich Chocolate
Fresh Whipped Cream \$10

### Ice Cream

Vanilla \$6

